



For an easier recovery from oral and  
maxillofacial surgery

# GET LONG-LASTING PAIN RELIEF WITH NON-OPIOID EXPAREL

**EXPAREL<sup>®</sup>**  
(bupivacaine liposome injectable suspension)

Please see Important Safety Information on page 7  
and refer to accompanying full Prescribing Information  
available at [EXPAREL.com](https://www.exparel.com).

# YOUR PLAN FOR PAIN RELIEF AFTER SURGERY MATTERS

Your doctor will give you numbing medicine during your oral (mouth) or maxillofacial (face and jaw) surgery.

*But what happens a few hours later when that numbing medicine wears off?*



Controlling your pain after surgery can have a big impact on your recovery.

**Recovery means more than reaching goals** like drinking and eating but also returning to work or school.



Non-opioid EXPAREL may be the answer to help you reach your recovery goals.

**EXPAREL is given during surgery to provide pain relief for the first few days afterward.**



And because EXPAREL is long lasting, it can **help eliminate or reduce the need to take opioids.\***

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**If you're concerned about pain after surgery and would like to try to avoid opioids, ask your doctor if EXPAREL is right for you.**

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\*The clinical benefit of the decrease in opioid consumption was not demonstrated in the pivotal trials.

†Result based on a study that compared patients who received EXPAREL as part of their recovery plan with those who did not.

‡Based on clinical studies of surgeries using EXPAREL as an alternative to standard of care.

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People who received EXPAREL while undergoing wisdom teeth extraction reported less pain and used **ALMOST 60% FEWER OPIOIDS** than those who did not\*†‡

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# OPIOID-BASED PAIN RELIEF MAY ADD RISKS THAT SLOW YOUR RECOVERY

Opioids are often prescribed to treat pain after oral surgery, but there are a lot of risks involved with taking them. In fact, opioid-related side effects can hold you back from recovering and returning to normal activities.

## Common side effects of opioids can include



Nausea



Vomiting



Dizziness



Constipation



Drowsiness

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# THE REALITY OF OPIOID ADDICTION AND ABUSE

Among the risks is that taking opioids after oral surgery can lead to addiction even in people using them for the first time.



**PATIENTS 13 TO 30 YEARS OF AGE WHO FILLED AN OPIOID PRESCRIPTION ARE 2.5 TIMES MORE LIKELY TO BE PERSISTENT OPIOID USERS**  
weeks or months after wisdom teeth extraction than those who did not fill their prescriptions.

In addition, misuse can occur when a patient doesn't finish all of their pain medicine. Opioid pills left in the house could be taken by others and used for reasons other than why they were prescribed.

A light blue silhouette map of the United States, including Alaska and Hawaii, serves as a background for the text.

**100+ MILLION  
OPIOID PILLS**  
go unused following  
tooth extractions in the  
United States every year

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# EXPAREL CAN MAKE A DIFFERENCE IN YOUR RECOVERY

- **EXPAREL is not an opioid.** It's a local anesthetic (an-es-thet-ik) that provides long-lasting pain relief for the first few days after surgery
- **EXPAREL works directly at the surgical site** to deliver pain relief where you need it most. Other commonly used local anesthetics numb the tongue and face
- **EXPAREL is targeted**, unlike opioids that affect your entire body and can lead to side effects that slow your recovery
- **EXPAREL is given by your doctor during surgery.** There are no doses to take at home, so you and your family have one less thing to manage afterward
- **EXPAREL is the first and only FDA-approved**, long-lasting anesthetic proven in clinical trials for both adults and children 6 years of age and above\*

## Proven in oral and facial surgeries



Third Molar  
Extractions



Dental  
Implants



Jaw  
Surgeries



Skull and Face  
Surgeries

**Patients who received EXPAREL  
USED FEWER OPIOIDS  
AND REPORTED LESS PAIN  
after oral surgeries\***

\*The clinical benefit of the decrease in opioid consumption was not demonstrated in the pivotal trials.

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## Indication

EXPAREL is indicated to produce postsurgical local analgesia via infiltration in patients aged 6 years and older and regional analgesia in adults via an interscalene brachial plexus nerve block, sciatic nerve block in the popliteal fossa, and an adductor canal block. Safety and efficacy have not been established in other nerve blocks.

## Important Safety Information

EXPAREL should not be used in obstetrical paracervical block anesthesia.

In studies in adults where EXPAREL was injected into a wound, the most common side effects were nausea, constipation, and vomiting.

In studies in adults where EXPAREL was injected near a nerve, the most common side effects were nausea, fever, headache, and constipation.

In the study where EXPAREL was given to children, the most common side effects were nausea, vomiting, constipation, low blood pressure, low number of red blood cells, muscle twitching, blurred vision, itching, and rapid heartbeat.

EXPAREL can cause a temporary loss of feeling and/or loss of muscle movement. How much and how long the loss of feeling and/or muscle movement depends on where and how much of EXPAREL was injected and may last for up to 5 days.

EXPAREL is not recommended to be used in patients younger than 6 years old for injection into the wound, for patients younger than 18 years old for injection near a nerve, and/or in pregnant women.

Tell your health care provider if you or your child has liver disease, since this may affect how the active ingredient (bupivacaine) in EXPAREL is eliminated from the body.

EXPAREL should not be injected into the spine, joints, or veins.

The active ingredient in EXPAREL can affect the nervous system and the cardiovascular system; may cause an allergic reaction; may cause damage if injected into the joints; and can cause a rare blood disorder.

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TRUSTED BY  
**10+ MILLION PATIENTS  
AND COUNTING**

## READY FOR THE NEXT STEP WITH EXPAREL?

You have a say in how your pain is managed after your procedure. This starts with a discussion with your dentist or doctor that covers your concerns and preferences about pain relief.

**For example, you may want to discuss the following:**

- You want to avoid taking opioids/narcotics
- You are concerned about the side effects of pain medications
- You want to get back to your daily routine as soon as possible
- You are interested in EXPAREL

**HAVE AN APPOINTMENT?**  
**Scan for a discussion tool to**  
**help you talk with your doctor.**



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For more information, please visit [www.EXPAREL.com/patient](http://www.EXPAREL.com/patient) or call  
1-855-793-9727.

You are encouraged to report negative side effects of prescription drugs  
to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

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PP-EX-US-9336 04/24